# VIRGINIA BOARD OF MEDICINE AD HOC COMMITTEE ON MEDICATIONS FOR MIDWIVES

Thursday, July 20, 2023 Department of Health Professions Henrico, VA

**CALL TO ORDER:** Mr. Marchese called the meeting to order at 1:09 p.m.

**ROLL CALL:** Ms. Brown called the roll; a quorum was established.

**MEMBERS PRESENT:** Blanton Marchese, Chair

Ildiko Baugus

Christian Chisholm, MD Erin Hammer, CPM Jordan Hylton, MD Ami Keatts, MD Kim Pekin, CPM

**MEMBERS ABSENT:** Rebecca Banks, CPM – unable to join remotely due to technical

difficulties

**STAFF PRESENT:** William L. Harp, MD - Executive Director

Jennifer Deschenes, JD – Deputy Exec. Director for Discipline Colanthia Morton Opher - Deputy Exec. Director for Administration Michael Sobowale, LLM - Deputy Exec. Director for Licensure

Erin Barrett, JD – Director for DHP Legislative and Regulatory Affairs

Matthew Novak – Policy and Economic Analyst

Deirdre Brown - Executive Assistant

OTHERS PRESENT: Marinda Shindler – Virginia Midwives Alliance

Becky Bowers-Lanier – Virginia Midwives Alliance

#### **EMERGENCY EGRESS INSTRUCTIONS**

Mr. Marchese provided the emergency egress instructions.

#### CHARGE OF THE AD HOC COMMITTEE

Ms. Deschenes stated the charge of the Ad Hoc Committee was to address medications for midwives as directed in SB1275. She said that the Committee needed to develop a formulary and best practices for midwives for using the medications with their patients. She emphasized that the work be done with the Board's mission to protect the public in mind. The document derived from today's meeting will be presented to the Executive Committee on August 4, 2023 for consideration, revision, and approval.

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# **ADOPTION OF AGENDA**

Dr. Keatts moved to adopt the agenda as presented. The motion was seconded by Ms. Baugus and carried unanimously.

## **PUBLIC COMMENT**

There was no public comment.

#### DISCUSSION

Mr. Marchese reiterated the purpose of the meeting. Ms. Baugus suggested that the Committee members review the "Excerpt of NARM Job Analysis (2016)". Ms. Barrett noted that a drug formulary is a formal list of medications and that the Board of Medicine will need to adopt such a list. She indicated that the document would be in the form of a protocol, not a guidance document or regulation. The protocol can be presented to the August 4<sup>th</sup> Executive Committee for approval, as it can act on behalf of the Full Board when it is not in session. Dr. Chisholm asked how often the NARM Job Analysis was updated. Ms. Pekin said that the Job Analysis is updated every 6 to 8 years.

Mr. Marchese then referred the Committee to the "Virginia Licensed Midwives Drug Formulary" prepared by Ms. Pekin. He pointed out that with the authority to possess and administer medications comes responsibilities for proper storage and transportation. Ms. Pekin stated that the meds will most likely be stored at home and brought to the births. Dr. Harp asked Ms. Pekin if some of the medications were powders that need to be mixed. Ms. Pekin replied that there are antibiotics that need to be reconstituted. Ms. Barrett asked Ms. Pekin when an updated NARM Job Analysis will be published. Ms. Pekin said that it will be drafted in September or October this year with the final version available likely early next year.

Dr. Hylton asked Ms. Pekin if there were certain regulated temperatures for storage of the medicines, to which she replied "yes." Ms. Pekin explained that midwives follow the guidelines of the manufacturers for the storage of each medication. Dr. Chisholm stated that ampicillin, although perhaps not a first-line drug for midwives, should be kept on hand in case of shortages of other antibiotics. Dr. Chisholm shared his concerns about RhoGAM and also suggested that Narcan be added to the formulary. Dr. Keatts agreed with the addition of an opioid reversal agent.

## **BREAK**

Mr. Marchese called for a break at 2:09 p.m. The meeting resumed at 2:24 p.m.

#### **FURTHER DISCUSSION**

Ms. Barrett asked the Committee if anyone had any objections to the "Virginia Licensed Midwives Drug Formulary" document in the agenda packet. Ms. Baugus said the list of references in the document should be removed. Ms. Barrett said she will draft a chart that includes the medications and best practices, to include indications, appropriate dose, and duration of treatment for review

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by the Executive Committee on August 4<sup>th</sup>. Mr. Marchese then asked each of the Committee members to weigh in with any other thoughts, and all said they were good with the proposed protocol as discussed. Mr. Marchese concluded by noting that the work done today will be beneficial to Virginia midwives in their work with mothers and infants.

## ANNOUNCEMENTS

Mr. Marchese reminded Committee members to submit their travel reimbursement vouchers within 30 days.

# **ADJOURNMENT**

With no additional business, the meeting adjourned at 2:34 p.m.

William L. Harp, MD

Executive Director